



27th Annual Chronic Illness and Disability Conference:

Transition from Pediatric
to Adult-Based Care

OCTOBER 22-23, 2026
IN-PERSON LIVE/VIRTUAL CONFERENCE



Texas Children's

Co-presented by:



ADVISORY BOARD MEMBERS

Albert Hergenroeder, MD

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Chief

Division of Adolescent Medicine and Sports Medicine

Professor of Pediatrics

Baylor College of Medicine

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Transition Conference

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Peggy McManus, MHS

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Texas Children's Hospital

Shelly Townsend, MSW

Program Director and Family Support Partner

University of Houston

ACTIVITY FACULTY

SPEAKERS

Philip Moons, PhD

Professor

Healthcare and Nursing Science,
Department of Public Health and Primary Care,
KU Leuven

Researcher/Scientific leader

Health Care Transition Research Group
Institute of Health and Care Sciences,
University of Gothenburg

Honorary Professor

Department of Pediatrics and Child Health,
University of Cape Town

Elizabeth Lange, MD FAAP

Co-Founder and Co-Director
PCMH-Kids

Primary Care Pediatrician,

Waterman Pediatrics/Brown University Health
Primary Care

Omar Shakeel, MD

Assistant Professor,

Department of Pediatrics,
Division of Hematology-Oncology,
Baylor College of Medicine

Nathalie Lebrun, MA, CCC-SLP

Founder,
LifeSpeak LLC

Beth Sufian, JD

Partner

Sufian & Passamano, L.L.P.

Dennis Z. Kuo, MD, MHS

Division Chief,

Developmental and Behavioral Pediatrics,
University of Rochester Medicine Golisano Children's

Rachael Menssen, LISW-S

Psychotherapist

General Internal Medicine and Pediatrics (CAST),
The Ohio State University Wexner Medical Center

Kristin Cooper, MD

Internal Medicine and Pediatrics Physician,

The Ohio State University Wexner Medical Center
Assistant Professor, Division of General Internal Medicine

Associate Medical Director,

The Center for Autism Services and Transition (CAST)

Laura Buckner, M.Ed., LPC, M.O.M.

Owner/Operator,

LGB Piney Woods Consulting

Consultant,

Texas Center for Disabilities at:

The University of Texas in Austin Affiliated organizations -
The Learning Community for Person Centered Practices

Roberta Olivares, MS, OT, ATP, BCP

Occupational Therapist

Therapy Manager,

Texas Children's Hospital North Austin

Sharon Hudson, PhD

Director

Implementation Science and

Evaluation AltaMed Institute for Health Equity

All faculty are located in Houston, Texas,
unless otherwise noted.

ACTIVITY FACULTY

SPEAKERS – GOT TRANSITION

Peggy McManus, MHS

Co-Director,

Got Transition®

President,

The National Alliance to Advance Adolescent Health

Patience H. White, MD, MA, FAAP, MACP, MACR

Co-Director,

Got Transition®

SPEAKERS – PARENT PANEL

Amy Passmore

Desiree Collins Bradley

SPEAKERS – INSPIRATIONAL YOUTH/YOUNG ADULT

Fabiola D. Amaya, MSSW

Disability Advocate

All faculty are located in Houston, Texas,
unless otherwise noted.

NEEDS STATEMENT

Skill preparation and planning for healthcare transition for youth and young adults with special healthcare needs is inadequate. Less than 50 percent of families nationwide indicate that their children with special healthcare needs have received the services necessary to make appropriate transitions to adult healthcare, work, and independence. One of the major hurdles to receiving this care is the lack of a workforce, including physicians, nurses, social workers, mental health providers and all who provide services to youth and young adults with special healthcare needs trained to provide the services necessary to make the healthcare transition. There is a strong need for physicians to have the knowledge and skills to provide the services needed to facilitate a successful transition from pediatric to adult-based care and services.

Because of increased awareness of transitioning to adult-based care, clinicians are required to update their knowledge of the changing strategies for integrating emerging adult-based care into practice.

For all conference participants, there will be a discussion of the legal issues involved in healthcare transition, as well as time to meet and talk with faculty in small groups, to exchange ideas among participants, and to share knowledge and information about how best to plan for a successful transition to adulthood.

TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and physiatry; other healthcare providers including psychologists, social workers, nurses, dietitians, case managers, counselors, and primary care providers; and youth and young adults who have a chronic illness or disability and their parents or guardians.

LEARNING OBJECTIVES

At the conclusion of this activity, the participants should be able to:

- Discuss structure, processes and outcomes in current HCT programs in the U.S.
- Examine Independence/Self-Management Practices with strategies during HCT.
- Analyze common barriers to successful pediatric adult medicine collaborations and solutions to overcome these barriers.
- Compare structure and processes that have worked in successful pediatric-adult medicine health care transition programs.
- Recall structure, processes and outcomes in current HCT programs in the U.S.
- Explain how insurance and legislation affect HCT programs across structure, processes, clinical outcomes, and the current state of practice.

EDUCATIONAL METHODS

Lectures, Breakout Sessions, Question and Answer Sessions

ACTIVITY EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

ACCREDITATION/CREDIT DESIGNATION

Physician

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 13.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing

Texas Children's Hospital is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This Nursing Continuing Professional Development Activity will award up to 13 contact hours.

Social Work

Texas Children's Hospital is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners, up to 13 continuing education credits provided.

Physical Therapy

This activity is provided by the Texas Board of Physical Therapy Examiners Accredited Provider #2902051TX and meets continuing competence requirements for physical therapists and physical therapist assistants licensure renewal in Texas for 13.00 CCUs.



AGENDA

THURSDAY, OCTOBER 22, 2026

7:15 AM

Registration, Coffee, and Bagels in the Lobby

8:00 AM

Welcome and Announcements

Albert C. Hergenroeder, MD

8:15 AM

Inspirational Video

“The Paper Bag”

8:25 AM

Healthcare transition today:

Evidence, implementation, and future directions

Philip Moons, PhD, RN

Professor of Healthcare and Nursing Science

Department of Public Health and Primary Care,
KU Leuven, Belgium; Researcher/Scientific leader of the
Health Care Transition Research Group, Institute of Health
and Care Sciences, University of Gothenburg, Sweden

Goal: The audience will understand the importance of
evidence-based HCT programs across disease conditions

Objectives: The audience will be able to discuss:

- Content and composition of HCT programs
- The evidence supporting structured clinical HCT programs
- Models and best practices in HCT
- Future directions and research priorities in healthcare transition

9:10 AM

Innovative state programs and health care
transition with relationship-driven outcomes

Elizabeth Lange, MD

Co-director, PCMH-Kids,

Care Transformation Collaborative Rhode Island,
Private Pediatrician, General Pediatrics

Goal: The audience will understand the importance
of a statewide HCT program

Objectives: The audience will be able to discuss,
in the context of Rhode Island’s experience, how to:

- Launch a HCT program built from local, state and national relationships and partnerships
- Build dyadic relationships between pediatric and adult clinicians
- Involve AYA in their HCT planning
- Bill for HCT work using CPT codes and contracted payments
- Collect and analyze the qualitative and quantitative outcome data

9:55 AM

Questions and Answers

10:05 AM

Break

10:25 AM

Cancer and HCT

Omar Shakeel, MD

Assistant Professor

Long-Term Survivor Program, Division of Hematology-
Oncology, Department of Pediatrics, Baylor College of
Medicine, Texas Children’s Hospital

Goal: The audience will understand the importance of
healthcare transition planning in survivors of childhood
cancers as they transition to adult care

Objectives: The audience will be able to describe:

- The current state of HCT for survivors of childhood cancer
- Evidence-based structure, processes and outcomes for HCT in survivors of childhood cancers

11:10 AM

Empowering independence and self-management through
improved communication strategies during HCT

Nathalie Lebrun, MA, CCC-SLP

University of Houston

Goal: Participants will understand how communication
supports, viewed through the lens of Speech Language
Pathology, can strengthen self-management, autonomy,
and participation in the health care transition (HCT)
process for youth and young adults with chronic illnesses
and disabilities.

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Objectives: The audience will be able to:

- Describe the role of Speech Language Pathology in supporting communication, self-advocacy, and participation during health care transition
- Examine the role of communication partners in healthcare interactions through the lenses of communicative humility, access, and implicit bias

11:55 AM

Legal Issues in the Transition from Pediatric to Adult-Based Care

Beth Sufian, JD

Partner, Sufian & Passamano

Goal: The audience will understand the importance of legal issues during the transition period

Objectives: The audience will be able to describe:

- Recent changes in federal laws that will impact the delivery of care during the transition from pediatric to adult based care
- The Social Security 18-year-old review process

12:40 PM

Questions and Answers

12:45 PM

Meet the Faculty Luncheon (meal provided)

1. Phillip Moons, PhD

2. Dennis Kuo, MD – Medicaid, Marketplace/ACA

3. Kristin Cooper, MD and Rachel Menssen, MSW – ASD, IDD and psychotherapy

4. Nathalie Lebrun - communication

5. Got Transition

1:45 PM

End lunch sessions

2:00 PM

Breakout Sessions with Faculty (attendees select one at 2:00 PM and a different one at 2:00 pm)

1. Philip Moons, PhD - The promise of artificial intelligence for HCT research and clinical practice

2. Dennis Kuo – Effects of federal legislation at a clinical level

3. Kristin Cooper, MD and Rachael Menssen, MSW - Counseling patients with ASD and/or IDD and other comorbidities

4. Nathalie Lebrun, MA, CCC-SLP – Did you bring your supportive communication systems that you use at home and school into the medical clinic visit? (Main auditorium)

Goal: Participants will understand current evidence-based practices supporting the intentional use of augmentative and alternative communication (AAC) systems across everyday environments, including healthcare settings, to promote participation and successful healthcare transition outcomes.

Objectives: The audience will be able to describe:

- Identify common misconceptions related to AAC use across adolescence and adulthood
- Discuss how healthcare appointments can serve as meaningful opportunities to support communication access, self-advocacy, and participation for both patients and healthcare professionals

Goal: The audience would be able to understand the current state of defining health care transition outcomes and the measures used to assess successful transition

Objectives: The audience will be able to:

- Describe the validity of measures used to assess the structure, processes and outcomes of health care transition programs
- Participate in a prioritizing process to identify the most importance dimensions of transition outcomes

3:00 PM

Breakout Sessions II with Faculty (need to choose main auditorium speaker) Repeat of 2:00 sessions

Main auditorium – Phillip Moons, PhD

4:10 PM

Medicaid/Marketplace/ACA 2026 Update: Impacts on Health Care Transition

Dennis Kuo, MD

Purcell Family Distinguished Professor of Pediatrics , Division Chief of Developmental and Behavioral Pediatrics,

AGENDA

University of Rochester Medical Center, Golisano Children's Hospital. Immediate Past Chair of the American Academy of Pediatrics Council on Children With Disabilities.

Goal: The audience will understand the current status of federal legislation on health care access

Objectives: The audience will be able to describe:

- The changes in Medicaid/Marketplace/ACA funding and how they will likely affect AYASHCN and their families with an emphasis on transition to adult based care

4:50 PM

Questions and Answers

5:00 PM

Evaluation and Adjourn



AGENDA

FRIDAY, OCTOBER 23, 2026

7:15 AM

Registration, Coffee, and Bagels

8:00 AM

Announcements

Albert C. Hergenroeder, MD

8:15 AM

Inspirational AYA

Fabiola Amaya, MSW

Goal: The audience will understand the transition to adulthood and adult care from one person's perspective

Objectives: The audience will be able to discuss:

- Challenges with youth and young adults with disabilities during transition to adulthood and adult based care

9:00 AM

Questions and Answers

9:10 AM

Parent Panel: Defining successful HCT from the parents'/caregivers' perspective

Amy Passmore

CEO, Owner,

Enstep Technology Company

Desiree Collins Bradley,

Coordinator, Project DOCC,

Patient Network Lead for ATW Health Solutions

Goal: The audience will understand parents' perspectives on what constitutes successful transition

Objectives: : The audience will be able to discuss parents'/caregivers' perspectives on HCT with respect to:

- Clinical status
- Continuity of care
- Transition readiness: Self-management, health literacy and self-efficacy
- Independent living
- School and/or employment
- Quality of life, mental health

9:40 AM

Questions and Answers

9:55 AM

Break

10:15 AM

Innovative practices in schools and the workplace to promote improved communication for youth and young adults with communication barriers

Nathalie Lebrun, MA, CCC-SLP

University of Houston

Goal: Using a post-secondary transition framework, participants will understand how communication supports across school, workplace, and community settings can contribute to improved lifelong health, participation, and quality of life outcomes

Objectives: Participants will be able to:

- Describe the communication demands and growth opportunities for young people during the transition into adulthood through independent living, employment, and continuing education
- Explain how communication opportunities within recreation and leisure activities contribute to social connection, well-being, and long-term health outcomes

11:00 AM

Self-determination theory as an important basis for improving self-management and self-efficacy

Laura Buckner, MSED

Texas Center for Disability Studies

University of Texas, Austin

Goal: The audience will understand the applicability of self-determination theory in developing HCT programs

Objectives: The audience will be able to describe:

- The three key elements of self-determination theory
- Examples of the operationalization of these elements in HCT programs

11:45 AM

Questions and Answers

AGENDA

11:55 AM

Lunch (provided)

1:00 PM

Psychotherapy in patients with ASD
and/or IDD and preparing for transition

Kristin Cooper, M.D

Associate Director

Rachael Menssen, MSW,

Ambulatory Care, Adventist

Center for Autism Services and Transition (CAST),
Ohio State University

Goal: The audience will be able to describe the importance of psychotherapy for AYA with ASD and/or IDD with other comorbid conditions

Objectives: The audience will be able to discuss:

- How the need for this service was determined and how the service was developed
- The structure and processes for this service
- Description of conditions seen and outcomes

1:45 PM

Questions and Answers

1:55 PM

Break

2:15 PM

Occupational therapy during transition to adult-based care

Roberta Olivares, MS, OT, ATP, BCP

Assistive Technology Coordinator

Texas Children's Hospital

Goal: The audience will understand the importance of Occupational therapy in selection of assistive equipment or modification of the environment to increase functional independence for patients who are transitioning into an adult role.

Objectives: The audience will be able to discuss:

- Physical impairments or conditions most appropriate for OT

- Assistive technology in transitioning to work and/or further education
- Environmental adaptations to facilitate independent living
- Assisted gaming devices and social support
- Qualitative and quantitative outcomes
- Billing for therapy services
- Community Resources

2:55 PM

Implementation Science and Health Care Transition

Sharon Hudson, PhD

Director of Implementation Science and Evaluation

The Alta Med Institute for Health Equity, Commerce, CA

Goal: The audience will be able to understand the principles of implementation science

Objectives: The audience will be able to describe:

- How to apply IS principles to strengthen the effectiveness and sustainability of HCT programs

3:40 PM

Questions and Answers

3:50 PM

Closing Comments/Evaluation



Texas Children's