

2026 ANNUAL CONFERENCE

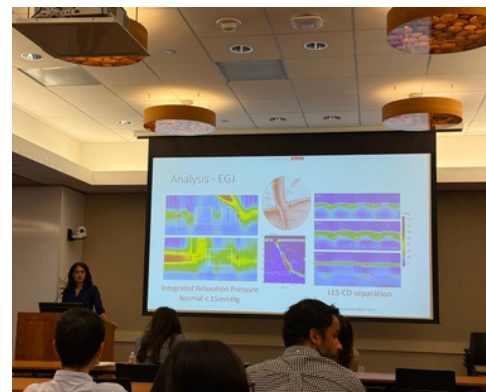
GI & Hepatology Board Review Course

An Intensive Two-Day Board Preparation Experience

OCTOBER 3–4, 2026
Saturday & Sunday

HOUSTON, TEXAS
Baylor St. Luke's Medical Center

Scan to RSVP



Provided by Baylor College of Medicine 10.25 AMA PRA Category 1 Credits™ • ABIM MOC Credit Available

In-Person & Virtual Attendance • Program Directors: Tara Keihanian, MD & Shifa Umar, MD

Program Overview

The 2026 BCM GI & Hepatology Board Review Course — a comprehensive two-day conference is designed for physicians, trainees, and allied health professionals in Gastroenterology and Hepatology. This activity provides an update on current diagnostic and therapeutic advances in gastrointestinal and liver diseases to improve clinical competence and patient outcomes. The program incorporates lectures, case-based discussions, and panel sessions.

AUDIENCE

Gastroenterologists, hepatologists, internists, primary care physicians, nurses, advanced practice providers, fellows, and trainees.

FORMAT

Lectures, case-based discussions, and interactive Q&A panel sessions with expert BCM faculty.

LOCATION

Baylor St.Luke's Medical Center, McNair Conference Room A & B, 7200 Cambridge Street, Houston, TX 77030.

COURSE HIGHLIGHTS

- Focused board-style review of high-yield topics
- Evidence-based updates in GI & liver disease
- Interactive Q&A sessions with BCM faculty
- Practical pearls for exam prep & clinical practice
- Comprehensive coverage: Esophagus through Liver

CREDITS OFFERED

10.25 AMA PRA Category 1 Credits™

10.25 ABIM MOC Points Available

0.25 Medical Ethics/Professional Responsibility

Learning Objectives

- 1 Evaluate and manage esophageal disorders including motility and functional disorders, GERD, Barrett's esophagus, and esophageal neoplasms.
- 2 Diagnose and manage gastric conditions including non-variceal upper GI bleeding, peptic ulcer disease, subepithelial lesions, and gastric cancer.
- 3 Recognize and manage small bowel and inflammatory conditions including chronic diarrhea, celiac disease, IBD, and non-IBD colitis.
- 4 Evaluate and manage colorectal conditions including colon polyps, colorectal cancer, hereditary syndromes, and diverticular disease.
- 5 Diagnose and manage pancreaticobiliary disorders including pancreatic neoplasms and cysts, pancreatitis, and gallbladder and biliary disease.
- 6 Identify and manage parenchymal and metabolic liver diseases including PSC, autoimmune hepatitis, DILI, MASLD, viral hepatitis, and liver masses.
- 7 Evaluate and manage acute and decompensated liver disease including liver failure, transplantation, liver disease in pregnancy, and portal hypertension.
- 8 Apply principles of informed consent, medical ethics, and biostatistics to clinical decision-making in gastroenterology and hepatology.

NEEDS STATEMENT

Updating practicing physicians and other health professionals in both the diagnosis and management of gastrointestinal and liver diseases/conditions is essential to providing quality care leading to improved patient outcomes. This activity is designed to increase knowledge, improve competence and enhance performance of the physician learners in practice to ultimately better patient care and outcomes in gastroenterology.

Education Methods

Lecture, question & answer session and panel discussion

Activity Evaluation

Evaluation by questionnaire will address program content, presentation and possible bias.

Accreditation/Credit Designation Statement

Physician

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 10.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics

The presentation, Informed Consent, Ethics, and Biostatistics, has been designated by Baylor College of Medicine for 0.25 credit of education in medical ethics and/or professional responsibility.

ABIM MOC Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Target Audience

Gastroenterologists · Hepatologists · Internists · Primary Care Physicians · Nurses · Nurse Practitioners · Physician Assistants · Fellows · Medical Trainees and Students in the field of Gastroenterology

CONFERENCE INFORMATION

Program Directors: Tara Keihanian, MD & Shifa Umar, MD
Kadiatou Fofana · Kadiatou.fofana@bcm.edu

Baylor College of Medicine · 7200 Cambridge St., Conference Room A & B · Houston, TX 77030

Saturday Program Agenda

Day 1 of 2
Page 4 of 5

Baylor St. Luke's Medical Center · McNair Conference Room A & B · 7200 Cambridge Street, Houston TX 77030

7:00 AM Registration & Breakfast

7:40 AM Welcome Remarks, Course Orientation and Overview

ESOPHAGUS

8:00 AM Reena Chokshi, MD *Esophageal Motility and Functional Disorders*

8:20 AM Kalpesh Patel, MD *GERD & Reflux Testing*

8:40 AM Suneal Agarwal, MD *Barrett's Esophagus and Esophageal Neoplasm*

9:00 AM Jessica Bernica, MD *Esophageal Potpourri*

— 9:20 AM BREAK —

STOMACH

9:30 AM David Szafron, MD *Non-variceal Upper GI Bleeding and PUD*

9:50 AM Rehman Sheikh, MD *Gastric Motility and Functional Disorder*

10:10 AM Clark Hair, MD *Lumps and Bumps of the UGI Tract*

10:30 AM Mimi Tan, MD *Gastric Cancer and Mucosal Disorders*

— 10:50 AM BREAK —

SMALL AND LARGE INTESTINE

11:00 AM Nabil Mansour, MD *Chronic Diarrhea and Small Bowel Disease*

11:20 AM Krish Subramanian, MD *IBD Clinical Features and Treatment*

11:40 AM Disha Kumar, MD *Colorectal Motility and Functional Disorder*

— 12:00 PM LUNCH —

SMALL AND LARGE INTESTINE

12:40 PM Milena Gould, MD *Colon Polyps / Colorectal Cancer, Hereditary Colon Cancer*

1:00 PM Hamidreza Moein, MD *Diverticular Disease / Lower GI Bleeding*

1:20 PM Jared Sninsky, MD *Non IBD Colitis*

— 1:40 PM BREAK —

SMALL AND LARGE INTESTINE

1:50 PM Robert Sealock, MD *Pancreas Neoplasm and Cysts*

2:10 PM Wasif Abidi, MD *Acute Pancreatitis*

2:30 PM Mohamed Othman, MD *Chronic Pancreatitis*

2:50 PM Fares Ayoub, MD *Gallbladder and Biliary Disease*

3:10 PM Ruben Hernaez, MD *Informed Consent, Ethics, and Biostatistics*

— 3:30 PM ADJOURN —

Sunday Program Agenda

Day 2 of 2
Page 4 of 5

Baylor St. Luke's Medical Center · McNair Conference Room A & B · 7200 Cambridge Street, Houston TX 77030

7:00 AM Registration & Breakfast

7:40 AM Welcome Remarks, Course Orientation

LIVER — PART I

8:00 AM Avegail Flores, MD *PSC, Autoimmune Hepatitis, DILI, Vascular Liver Disease*

8:30 AM Nagasri Shankar, MD *Inherited Liver Disease*

9:00 AM Maryam Zafar, MD *Steatosis Liver Disease and MASLD*

9:30 AM Avegail Flores, MD *Viral Hepatitis*

— 10:00 AM BREAK —

LIVER — PART II

9:40 AM Shilpa Jain, MD *Liver Histopathology*

10:00 AM Saira Khaderi, MD *Liver Masses*

10:20 AM Prasun Jalal, MD *Acute Liver Failure and Liver Transplantation*

10:40 AM Rise Stribling, MD *Liver Disease in Pregnancy*

11:00 AM Nagasri Shankar, MD *Portal Hypertension: Management of Varices and Ascites*

11:20 AM Maya Balakrishnan, MD *Portal Hypertension: HE, HRS, Portopulmonary Hypertension*

— 11:40 PM ADJOURN —