

The 60th Annual PM&R Comprehensive Review Course

Day 1 - Saturday, February 28, 2026

Moderator: Angela Nwankwo, MD

7:20 AM	Introduction	Lisa Wenzel, MD
7:30 AM	Upper Limb & Brachial Plexus	Barry Goldstein, MD
8:30 AM	Shoulder & Elbow Issues	Barry Goldstein, MD
9:30 AM	BREAK	
9:45 AM	Bursitis, Tendonitis, Trauma	Barry Goldstein, MD
10:45 AM	Peripheral Nervous System	Barry Goldstein, MD
11:45 AM	LUNCH BREAK	
12:45 PM	Board Relevant Topic	Uma Dharap, MD
1:00 PM	Upper Limb Myotomes	Barry Goldstein, MD
2:00 PM	Lower Extremity	Barry Goldstein, MD
3:00 PM	BREAK	
3:15 PM	Lower Extremity Plexus	Barry Goldstein, MD
4:15 PM	Spine Anatomy & Bones	Barry Goldstein, MD
5:15 PM	Spine Exam	Barry Goldstein, MD

Day 2 - Sunday, March 1, 2026

Moderator: Jason Caffrey, MD, PHD

7:30 AM	Hip Issues (Trauma, No Trauma, Peds)	Barry Goldstein, MD
8:30 AM	Spine: Anatomy, Deformities, Arthritis, Fractures	Barry Goldstein, MD
9:30 AM	BREAK	
9:45 AM	Traumatic Brain Injury I	Sunil Kothari, MD
10:45 AM	Traumatic Brain Injury II	Sunil Kothari, MD
11:45 AM	LUNCH BREAK	
12:45 PM	Board Relevant Topic	Prabhu Tewari, MD
1:00 PM	Traumatic Brain Injury III	Sunil Kothari, MD
2:00 PM	Stroke I	Christina Kwasnica, MD
3:00 PM	BREAK	
3:15 PM	Stroke II	Christina Kwasnica, MD
4:00 PM	Stroke III	Christina Kwasnica, MD
4:45 PM	Neuropharmacology	Jean Woo, MD

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Day 3 – Monday, March 2, 2026

Moderator: Ashlyn Brown, MD

7:30 AM	Upper Extremity Orthotics	Heikki Uustal, MD
8:30 AM	Lower Extremity Orthotics	Heikki Uustal, MD
9:30 AM	BREAK	
9:45 AM	Upper Limb Amputation & Prosthetic Rehabilitation	Heikki Uustal, MD
10:45 AM	Lower Limb Amputation & Prosthetic Rehabilitation	Heikki Uustal, MD
11:45 AM	LUNCH BREAK	
12:45 PM	Pediatric Orthotics & Prosthetics	Heikki Uustal, MD
1:45 PM	Gait Patterns with Video	Heikki Uustal, MD
2:45 PM	Prosthetic Gait Deviations	Heikki Uustal, MD
3:30 PM	BREAK	
3:45 PM	Board Relevant Topic	Vinay Vanodia, MD
4:15 PM	Workshop: Modalities, Wheelchair Prescription	James Doan, MD
5:15 PM	Multiple Sclerosis	John Lindsey, MD

Day 4 – Tuesday, March 3, 2026

Moderators: Won Jae Jeong, MD

7:30 AM	Sports, MSK Review	John Cianca, MD
8:30 AM	Sports, MSK Review	John Cianca, MD
9:30 AM	BREAK	
9:45 AM	Sports, MSK Review	John Cianca, MD
10:45 AM	Sports, MSK Review	John Cianca, MD
11:45 AM	LUNCH BREAK	
12:45 PM	Board Relevant Topic	Christina Draganich, DO
1:00 PM	Basics of EMG, NCS, Instrumentation, H Reflex, F Wave, Blink Reflexes	Aaron Charnay, MD
2:00 PM	Brachial Plexopathy, TOS, Radiculopathy	Maureen Nelson, MD
3:00 PM	BREAK	
3:15 PM	Mononeuropathy	Elizabeth Forrest, MD
4:15 PM	Polyneuropathy	Thy Nguyen, MD
5:15 PM	Neuromuscular Junction Disease, Myopathy	Faye Tan, MD
5:45 PM	Acquired Myopathy	Faye Tan, MD

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Day 5 - Wednesday, March 4, 2026

Moderator: Destiny Anamege, MD

7:30 AM Developmental Pediatrics & Pearls

Stephanie Miller, DO

8:30 AM Spasticity Management

Jessica Beardsley, MD

9:30 AM Muscular Dystrophy & Hereditary Myopathies

Cosmo Kwok, MD

10:30 AM **BREAK**

10:45 AM Cerebral Palsy

Aloysia Schwabe

11:45 AM Board Relevant Topic

Janay Parrish, MD

12:00 PM **LUNCH BREAK**

1:00 PM Spina Bifida & Pediatric SCI

Aaron Charnay, MD

2:00 PM Pediatric TBI

Christian Niedzwecki, DO

3:00 PM **BREAK**

3:15 PM Concussion/Mild TBI

Michelle Seymour, MD/PhD

4:00 PM Movement Disorders

Mariam Hull, MD

4:45 PM Board Relevant Strategies Panel

Jessica Beardsley, MD and
Michelle Seymour, MD/PhD

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Day 6 – Thursday, March 5, 2025

Moderator: Jason Parmar, DO

7:30 AM	Aging and Exercise	Donna Huang, MD
8:30 AM	Cardiac Rehabilitation	Kristen Varacalli, MD
9:30 AM	BREAK	
9:45 AM	Pulmonary Rehabilitation	Matt Davis, MD
10:45 AM	Cancer Rehabilitation	Ekta Gupta, MD
11:45 AM	LUNCH BREAK	
12:45 PM	Board Relevant Topic	Amy Ng, MD
1:00 PM	Acute Pain	Donna Bloodworth, MD
2:00 PM	Neuropathic and Myofascial Pain	Emmanuel Husu, MD
3:00 PM	BREAK	
3:15 PM	Diagnosis & Management of Spine (Cervical & Lumbar)	Jay Karri, MD
4:15 PM	Interventional Spine	Wyatt Kupperman DO, MBA
5:15 PM	Rheumatology & Inflammatory Diseases	Shalini Jha, MD

Day 7 – Friday, March 6, 2025

Moderator: Ton La, Jr. MD JD

7:30 AM	Neuroimaging	Fanny Moron, MD
8:30 AM	SCI I: Epidemiology, Acute Fractures, & Spinal Orthotics	Sameer Siddiqui, MD
9:30 AM	BREAK	
9:45 AM	SCI II: Medical Management & Secondary Complications	Donna Huang, MD
10:45 AM	SCI III: ASIA Impairment Scale, Outcomes, Syndrome	Joel Frontera, MD
11:45 AM	LUNCH BREAK	
12:45 PM	Board Relevant Topic	Claudia Martinez, MD
1:00 PM	SCI IV: Neurogenic Bladder, Pressure Ulcers	Jeffrey Berliner, DO
2:00 PM	Burn Rehabilitation	Jeffrey Schneider, MD
3:00 PM	BREAK	
3:15 PM	SCI V: Neurogenic Bowel	Lisa Wenzel, MD
3:45 PM	Sexuality and Fertility	Lisa Wenzel, MD
4:45 PM	MOC Process and Performance, BRC Wrap-Up	Lisa Wenzel, MD