

16th Annual Houston State-of-the-Art Echo Symposium & Boot Camp for the 2026 Board: Event Agenda

Friday, April 10, 2026

8:00 am – 8:10 am

Opening Session

Welcome and Course Overview

Speakers: Enrique Garcia-Sayan, MD, and Ihab Hamzeh, MD

8:10 am – 9:45 am

Chambers & Pump: Fundamentals

Moderator: Ihab Hamzeh, MD

Left Heart Chamber Quantification

8:10 am – 8:35 am

Speaker: Ihab Hamzeh, MD

Diastolic Function Simplified: Applying the 2025 Guidelines

8:35 am – 9:00 am

Speaker: Enrique Garcia-Sayan, MD

Getting it Right: RV Function and Pulmonary Hypertension

9:00 am – 9:25 am

Speaker: Hyeon-Ju Ali, MD

Panel Discussion

9:25 am – 9:45 am

All speakers

9:45 am – 10:00 am

Break / Expo Hall

10:00 am – 12:00 pm

Chambers & Pump: Complex States

Moderator: Enrique Garcia-Sayan, MD

Cardiomyopathies: From Hypertrophic to Infiltrative

10:00 am – 10:25 am

Speaker: Stephanie Coulter, MD

Imaging Mechanical Circulatory Support & Heart Transplant Patients

10:25 am – 10:50 am

Speaker: Raymond Stainback, MD

POCUS and Hemodynamic Assessment in Shock

10:50 am – 11:15 am

Speaker: Mourad Senussi, MD

Cardiac Masses Including Primary and Secondary Tumors of the Heart

11:15 am – 11:40 am

Speaker: Kara Thompson, MD

Panel Discussion

11:40 am – 12:00 pm

All speakers

12:00 pm – 12:45 pm

Lunch / Expo Hall

12:45 pm – 2:45 pm

Valvular Masterclass 1: Left-Sided Lesions

Moderator: Ihab Hamzeh, MD

Mitral Stenosis: Rheumatic vs. Degenerative

12:45 pm – 1:10 pm

Speaker: Raymond Stainback, MD

Mitral Regurgitation: From Mechanism to Management

1:10 pm – 1:35 pm

Speaker: Enrique Garcia-Sayan, MD

Aortic Stenosis: Applying Guidelines to Complex Clinical Scenarios

1:35 pm – 2:00 pm

Speaker: Raymond Stainback, MD

Aortic Regurgitation: State-of-the-Art Imaging & Intervention Thresholds

2:00 pm – 2:25 pm

Speaker: William Zoghbi, MD

Panel Discussion

2:25 pm – 2:45 pm

All speakers

2:45 pm – 3:00 pm

Break / Expo Hall

3:00 pm – 5:00 pm

Valvular Masterclass 2: Complex Valve States & Structural Interventions

Moderator: Enrique Garcia-Sayan, MD

Prosthetic Valve Assessment: Integrating New Guidelines and Best Practices

3:00 pm – 3:25 pm

Speaker: William Zoghbi, MD

Don't Forget Us: Tricuspid & Pulmonic Valve Disease

3:25 pm – 3:50 pm

Speaker: Enrique Garcia-Sayan, MD

Interventional Echocardiography: Guiding Structural Procedures

3:50 pm – 4:15 pm

Speaker: Srikanth Koneru, MD

Endocarditis: Echocardiography in Diagnosis and Guiding Management

4:15 pm – 4:40 pm

Speaker: Carl Zehner, MD

Panel Discussion

4:40 pm – 5:00 pm

All speakers

5:00 pm – 6:40 pm

Echo Across the Lifespan: Congenital & Ischemic

Moderator: Ihab Hamzeh, MD

Common Congenital Defects in Adults: What to Look For

5:00 pm – 5:25 pm

Speaker: Peter Ermis, MD

Complex Congenital Heart Disease Made Simple

5:25 pm – 5:50 pm

Speaker: Dhaval Parekh, MD

Mechanical Complications of Myocardial Infarction

5:50 pm – 6:15 pm

Speaker: Joseph Navarrijo, MD

Stress Echocardiography for Coronary Artery Disease

6:15 pm – 6:40 pm
Speaker: Arunima Misra, MD

6:40 pm – 7:30 pm **Networking Reception with Faculty and Industry**

Saturday, April 11, 2026

8:00 am – 10:35 am **Miscellaneous Echo Topics in Practice**
Moderator: Ihab Hamzeh, MD

Ultrasound Physics Pearls: What You Really Need to Know (working breakfast)
8:00 am – 9:00 am
Speaker: Sidney Edelman, PhD

Diseases of the Aorta: Echo & Multimodality Assessment
9:00 am – 9:25 am
Speaker: Basant Arya, MD

Pericardial Disease: Effusion, Tamponade & Constriction
9:25 am – 9:50 am
Speaker: Ihab Hamzeh, MD

Building a High-Performing Echo Lab: Quality and Accreditation
9:50 am – 10:15 am
Speaker: Enrique Garcia-Sayan, MD

Panel Discussion
10:15 am – 10:35 am
All speakers

10:35 am – 10:50 am **Break / Expo Hall**

10:50 am – 12:30 pm **Advanced Imaging Toolbox**
Moderator: Enrique Garcia-Sayan, MD

Strain Imaging in Clinical Practice: How to Perform and Why it Matters
10:50 am – 11:15 am
Speakers: Triston Thompson & Ihab Hamzeh, MD

Ultrasound Contrast: Utility, Safety & Best Practices
11:15 am – 11:40 am
Speaker: Leticia Vasquez

Cardiac MRI for the Echo Expert: When and Why
11:40 am – 12:05 pm
Speaker: Juan Lopez Mattei, MD

3D Echocardiography: Acquisition, Cropping & Clinical Value
12:05 pm – 12:30 pm
Speaker: Stephen H. Little, MD

12:30 pm – 1:15 pm **Lunch / Expo Hall**

Working Lunch and "Unknown Cases"
12:45 pm – 1:15 pm
Speaker: Shamim Badruddin Mawji, MD

1:15 pm – 3:15 pm

The Heart Team in Action: Imaging Meets Intervention

Moderator: Enrique Garcia-Sayan, MD

The Heart-Team In Action: Cardiomyopathies in the Real World

1:15 pm – 2:15 pm

Speaker / Case Presenter: Shaden Khalaf, MD

Panelist (Echo): Stephanie Coulter, MD

Panelist (Multi-Modality): Juan Lopez Mattei, MD

Panelist (HF Specialist): Ajith P. Nair, MD

The Heart-Team In Action: Complex Valve Disease & Interventional Echo

2:15 pm – 3:15 pm

Speaker / Case Presenter: Deepa Raghunathan, MD

Panelist (Interventional Echo): Stephen H. Little, MD

Panelist (Multi-Modality): Srikanth Koneru, MD

Panelist (Interventional Cardiologist): Guilloherme Silva, MD

3:15 pm – 3:30 pm

Break

3:30 pm – 5:50 pm

Echo Board Boot Camp

Moderator: Ihab Hamzeh, MD

Echo Board Survival Guide: NBE Exam Structure & Tips for Success

3:30 pm – 3:40 pm

Speaker: Ihab Hamzeh, MD

Echo Board Survival Guide: Must-Know Formulas

3:40 pm – 4:00 pm

Speaker: Enrique Garcia-Sayan, MD

Echo Board Review Questions Part 1

4:00 pm – 4:50 pm

Speaker: Bindu Chebrolu, MD

Echo Board Review Questions Part 2

4:50 pm – 5:40 pm

Speaker: Leslie Ynalvez, MD

Panel Discussion

5:40 pm – 5:50 pm

All speakers

5:50 pm

Adjourn