

# 16th Annual Houston State-of-the-Art Echo Symposium & Boot Camp for the 2026 Board: Event Agenda

Friday, April 10, 2026

8:00 am – 8:10 am

## Opening Session

### Welcome and Course Overview

Speakers: Enrique Garcia-Sayan, MD, and Ihab Hamzeh, MD

8:10 am – 9:45 am

## Chambers & Pump: Fundamentals

Moderator: Ihab Hamzeh, MD

### Left Heart Chamber Quantification

8:10 am – 8:35 am

Speaker: Miguel A. Quiñones, MD

### Diastolic Function Simplified: Applying the 2025 Guidelines

8:35 am – 9:00 am

Speaker: Miguel A. Quiñones, MD

### Getting it Right: RV Function and Pulmonary Hypertension

9:00 am – 9:25 am

Speaker: Hyeon-Ju Ali, MD

### Panel Discussion

9:25 am – 9:45 am

All speakers

9:45 am – 10:00 am

## Break / Expo Hall

10:00 am – 12:00 pm

## Chambers & Pump: Complex States

Moderator: Enrique Garcia-Sayan, MD

### Cardiomyopathies: From Hypertrophic to Infiltrative

10:00 am – 10:25 am

Speaker: Stephanie Coulter, MD

### Imaging Mechanical Circulatory Support & Heart Transplant Patients

10:25 am – 10:50 am

Speaker: Raymond Stainback, MD

### POCUS and Hemodynamic Assessment in Shock

10:50 am – 11:15 am

Speaker: Mourad Senussi, MD

### Cardiac Masses Including Primary and Secondary Tumors of the Heart

11:15 am – 11:40 am

Speaker: Kara Thompson, MD

### Panel Discussion

11:40 am – 12:00 pm

All speakers

12:00 pm – 12:45 pm

## Lunch / Expo Hall

12:45 pm – 2:45 pm

**Valvular Masterclass 1: Left-Sided Lesions**

Moderator: Ihab Hamzeh, MD

**Mitral Stenosis: Rheumatic vs. Degenerative**

12:45 pm – 1:10 pm

Speaker: Raymond Stainback, MD

**Mitral Regurgitation: From Mechanism to Management**

1:10 pm – 1:35 pm

Speaker: Enrique Garcia-Sayan, MD

**Aortic Stenosis: Applying Guidelines to Complex Clinical Scenarios**

1:35 pm – 2:00 pm

Speaker: Raymond Stainback, MD

**Aortic Regurgitation: State-of-the-Art Imaging & Intervention Thresholds**

2:00 pm – 2:25 pm

Speaker: William Zoghbi, MD

**Panel Discussion**

2:25 pm – 2:45 pm

All speakers

2:45 pm – 3:00 pm

**Break / Expo Hall**

3:00 pm – 5:00 pm

**Valvular Masterclass 2: Complex Valve States & Structural Interventions**

Moderator: Enrique Garcia-Sayan, MD

**Prosthetic Valve Assessment: Integrating New Guidelines and Best Practices**

3:00 pm – 3:25 pm

Speaker: William Zoghbi, MD

**Don't Forget Us: Tricuspid & Pulmonic Valve Disease**

3:25 pm – 3:50 pm

Speaker: Enrique Garcia-Sayan, MD

**Interventional Echocardiography: Guiding Structural Procedures**

3:50 pm – 4:15 pm

Speaker: Srikanth Koneru, MD

**Endocarditis: Echocardiography in Diagnosis and Guiding Management**

4:15 pm – 4:40 pm

Speaker: Carl Zehner, MD

**Panel Discussion**

4:40 pm – 5:00 pm

All speakers

5:00 pm – 6:40 pm

**Echo Across the Lifespan: Congenital & Ischemic**

Moderator: Ihab Hamzeh, MD

**Common Congenital Defects in Adults: What to Look For**

5:00 pm – 5:25 pm

Speaker: Peter Ermis, MD

**Complex Congenital Heart Disease Made Simple**

5:25 pm – 5:50 pm

Speaker: Dhaval Parekh, MD

**Mechanical Complications of Myocardial Infarction**

5:50 pm – 6:15 pm

Speaker: Joseph Navarrijo, MD

**Stress Echocardiography for Coronary Artery Disease**

6:15 pm – 6:40 pm  
Speaker: Arunima Misra, MD

6:40 pm – 7:30 pm      **Networking Reception with Faculty and Industry**

## Saturday, April 11, 2026

8:00 am – 10:35 am      **Miscellaneous Echo Topics in Practice**  
Moderator: Ihab Hamzeh, MD

**Ultrasound Physics Pearls: What You Really Need to Know (working breakfast)**  
    8:00 am – 9:00 am  
    Speaker: Sidney Edelman, PhD

**Diseases of the Aorta: Echo & Multimodality Assessment**  
    9:00 am – 9:25 am  
    Speaker: Basant Arya, MD

**Pericardial Disease: Effusion, Tamponade & Constriction**  
    9:25 am – 9:50 am  
    Speaker: Ihab Hamzeh, MD

**Building a High-Performing Echo Lab: Quality and Accreditation**  
    9:50 am – 10:15 am  
    Speaker: Enrique Garcia-Sayan, MD

**Panel Discussion**  
    10:15 am – 10:35 am  
    All speakers

10:35 am – 10:50 am      **Break / Expo Hall**

10:50 am – 12:30 pm      **Advanced Imaging Toolbox**  
Moderator: Enrique Garcia-Sayan, MD

**Strain Imaging in Clinical Practice: How to Perform and Why it Matters**  
    10:50 am – 11:15 am  
    Speakers: Triston Thompson & Ihab Hamzeh, MD

**Ultrasound Contrast: Utility, Safety & Best Practices**  
    11:15 am – 11:40 am  
    Speaker: Leticia Vasquez

**Cardiac MRI for the Echo Expert: When and Why**  
    11:40 am – 12:05 pm  
    Speaker: Juan Lopez Mattei, MD

**3D Echocardiography: Acquisition, Cropping & Clinical Value**  
    12:05 pm – 12:30 pm  
    Speaker: Stephen H. Little, MD

12:30 pm – 1:15 pm      **Lunch / Expo Hall**

**Working Lunch and "Unknown Cases"**  
    12:45 pm – 1:15 pm  
    Speaker: Shamim Badruddin Mawji, MD

**1:15 pm – 3:15 pm**

**The Heart Team in Action: Imaging Meets Intervention**

Moderator: Enrique Garcia-Sayan, MD

**The Heart-Team In Action: Cardiomyopathies in the Real World**

1:15 pm – 2:15 pm

Speaker / Case Presenter: Shaden Khalaf, MD

Panelist (Echo): Stephanie Coulter, MD

Panelist (Multi-Modality): Juan Lopez Mattei, MD

Panelist (HF Specialist): Ajith P. Nair, MD

**The Heart-Team In Action: Complex Valve Disease & Interventional Echo**

2:15 pm – 3:15 pm

Speaker / Case Presenter: Deepa Raghunathan, MD

Panelist (Interventional Echo): Stephen H. Little, MD

Panelist (Multi-Modality): Srikanth Koneru, MD

Panelist (Interventional Cardiologist): Guilherme Silva, MD

**3:15 pm – 3:30 pm**

**Break**

**3:30 pm – 5:50 pm**

**Echo Board Boot Camp**

Moderator: Ihab Hamzeh, MD

**Echo Board Survival Guide: NBE Exam Structure & Tips for Success**

3:30 pm – 3:40 pm

Speaker: Ihab Hamzeh, MD

**Echo Board Survival Guide: Must-Know Formulas**

3:40 pm – 4:00 pm

Speaker: Enrique Garcia-Sayan, MD

**Echo Board Review Questions Part 1**

4:00 pm – 4:50 pm

Speaker: Bindu Chebrolu, MD

**Echo Board Review Questions Part 2**

4:50 pm – 5:40 pm

Speaker: Leslie Ynalvez, MD

**Panel Discussion**

5:40 pm – 5:50 pm

All speakers

**5:50 pm**

**Adjourn**