

# GI & LIVER COURSE INNOVATIONS AND ADVANCES FOR YOUR PRACTICE

April 12-13, 2025

THE WESTIN HOUSTON MEDICAL CENTER 1790 DRYDEN ROAD HOUSTON, TX 77030



Presented by Baylor College of Medicine Department of Medicine, Section of Gastroenterology and Hepatology

Provided by Baylor College of Medicine



#### **NEEDS**

Updating practicing physicians and other health professionals in both the diagnosis and management of gastrointestinal and liver diseases/conditions is essential to providing quality care leading to improved patient outcomes. This activity is designed to increase knowledge, improve competence, and enhance performance of the physician learners in practice to ultimately better patient care and outcomes in gastroenterology.

#### TARGET AUDIENCE

Gastroenterologists, hepatologists, internists, primary care physicians, nurses, physician assistants, medical trainees and students.

#### **OBJECTIVES**

In addition to exposure to a variety of talks, at the conclusion of the activity, participants should be able to:

- Outline new drugs and treatment strategies for inflammatory bowel disease (IBD), including biologics, biomarkers, management during pregnancy, and addressing treatment failures.
- Review advances in managing irritable bowel syndrome (IBS), chronic constipation, primary biliary cirrhosis (PBC), MASLD/MASH, opioid use disorder, and other gastrointestinal conditions.
- Highlight procedural innovations, such as intestinal ultrasound for IBD, computer-aided colonoscopy, PEG tube placement, endoscopic submucosal dissection, Barrett's ablation, cold EMR, and luminal stricture dilations.
- Summarize strategies for diagnosing and managing colorectal cancer, including endoscopic ultrasound and noninvasive diagnostics like the Cologuard/FIT D.
- Recognize and appropriately manage opioid misuse in patients with gastrointestinal diseases while navigating ethical challenges and barriers to care.

#### **EDUCATIONAL METHODS AND EVALUATION**

- Lecture
- Question and Answer Session
- Small Group Breakout Session
- Panel Discussion

Evaluation by questionnaire will address program content, presentation and possible bias.

#### ACCREDITATION/CREDIT DESIGNATION

#### **PHYSICIAN**

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Baylor College of Medicine designates this live activity for a maximum of 11.00 *AMA PRA Category 1 Credits* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ETHICS**

The presentation, "Managing Pain and Opioid Misuse Disorder for the Gastroenterologist - an alternative to 'just talk to your PCP'" has been designated by Baylor College of Medicine for 1.00 credit of education in medical ethics and/or professional responsibility.

#### **PAIN MANAGEMENT**

The presentation, Managing Pain and Opioid Misuse Disorder for the Gastroenterologist – an alternative to 'just talk to your PCP', has been designated by Baylor College of Medicine for 1.00 credit of education in pain management and the prescription of opioids."

## AMERICAN BOARD OF INTERNAL MEDICINE (ABIM) MOC PART II

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.00 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### **NURSING STATEMENT**

Texas Children's Hospital is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This activity awards up to 11.00 contact hours.

This includes 1.0 out of the 2.0 contact hours required for Nursing Jurisprudence and Ethics Continuing Nursing Education Requirement.



## **GI & LIVER COURSE**

ACTIVITY DIRECTOR
Wasif, Abidi, M.D., Ph.D.

**ACTIVITY CO-DIRECTOR** Jessica Bernica, M.D.

#### **PLANNING COMMITTEE**

Dr. Stalin Subramanian D. Saira khaderi Dr. Fares Ayoub

Dr. George Cholankeril

Dr. Deepika Satish Dr. Rawan Dayah Dr. Waseem Skef Dr. Shifa Umar

#### **GUEST FACULTY**

Shannon Chang, M.D. Associate Professor of Medicine NYU Grossman School of Medicine, New York Pichamol Jirapinyo, M.D., M.P.H. Assistant Professor of Medicine Bringham and Women's Hospital, Massachusetts

#### **BAYLOR COLLEGE OF MEDICINE FACULTY**

Wasif Abidi, M.D., Ph.D. Assistant Professor of Medicine Director, Advanced Endoscopy Director of Metabolic GI Program

Suneal Agarwal, M.D. Associate Professor of Medicine

Fares Ayoub, M.D. Assistant Professor of Medicine

Maya Balakrishnan, M.D. Associate Professor of Medicine

Jessica Bernica, M.D. Assistant Professor of Medicine

Andrea Bradford, Ph.D. Assistant Professor of Medicine

Reena Chokshi, M.D. Associate Professor of Medicine Director, Gastrointestinal Motility

George Cholankeril, M.D. Assistant Professor of Medicine

Hashem El-Serag Professor of Medicine Chair, Department of Medicine

Rollin George Assistant Professor of Medicine

Shawn Groth, M.D. Professor of Surgery Chief, Thoracic Surgery

Milena Gould, M.D., F.A.C.G. Associate Professor of Medicine

David Graham, M.D., M.A.C.G. Professor of Medicine

Clark Hair, M.D. Assistant Professor of Medicine Jason Hou, M.D. Associate Professor of Medicine

Atif Iqbal, M.D., FACS, FACRS Associate Professor of Surgery Chief, Colorectal Surgery

Prasun Jalal, M.D.,F.A.C.G. Stan and Sue Partee Endowed Chair in Hepatology

Salmaan Jawaid, M.D. Assistant Professor of Medicine

Fasiha Kanwal, M.D., M.S.H.S. Professor of Medicine

Tara Keihanian, M.D., M.P.H. Assistant Professor of Medicine

Saira Khaderi

Assistant Professor, Transplant Hepatology Medical Director

Benjamin Li , M.D.

Associate Professor of Psychiatry & Behavioral Sciences

Julie-Ann Lloyd, M.D., Ph.D. Assistant Professor of Surgery

Shalini Makawita M.D., MSc Assistant Professor of Hematology & Oncology

Nabil Mansour, M.D.
Assistant Professor of Medicine
Director, McNair General Gl Clinic

Olubunmi Oladunjoye, M.D. Assistant Professor of Medicine

Mohamed Othman, M.D. Chief, Gastroenterology & Hepatology Professor of Medicine Kalpesh K. Patel, M.D.

Associate Professor of Medicine Medical Director, Baylor Medicine Gastroenterology

Vani Potluri, M.D.

Assistant Professor of Medicine

Waqar Qureshi, M.D., FACP, FACG, FRCP

RCP

Professor of Medicine

Robert Jay Sealock, M.D. Associate Professor of Medicine

Rehman Sheikh, M.D.

Assistant Professor of Medicine; Director, Sugar Land General GI Clinic

Richa Shukla, M.D.

**Assistant Professor of Medicine** 

Wasseem Skef, M.D.

Assistant Professor of Medicine

Jared Sninsky, M.D.

Clinical Assistant Professor of Medicine

Jordan Sparkman, M.D. Assistant Professor of Medicine

Ryan Thomas, M.D.

Assistant Professor of Medicine

John Vierling, M.D., FACP, FAASLD, AGAF

Professor of Medicine



## **GI & LIVER COURSE**

## Saturday, April 12, 2025

8:00-8:15 OPENING REMARKS

8:15-8:30	The Future of Gastroenterology: What's on the Horizon	Fasiha Kanwal
8:30-8:55	Primary Biliary Cirrhosis - a Whole New Terrain	John Vierling
8:55-9:15	The Encroachment of GLP-1: How it Affects the Practice of Gastroenterology	Rollin George
9:15-9:30	Defining MetALD and Its Treatment Approach	George Cholankeril
9:30-9:55	Novel Treatment for Antibiotic Resistant Clostridioides difficile	Suneal Agarwal
9:55-10:10	QUESTIONS	
10:10-10:30	BREAK	

#### Session 2. It's IBD Hour

10:30-10:55 Addressing Pouchitis - From Inpatient to Outpatient	Shannon Chang
10:55-11:10 When One Biologic Fails	Jason Hou
11:10-11:25 Help! My IBD patient Has a New Diagnosis - Pregnancy and Malignancy	Richa Shukla
11:25-11:40 Nuances of Perianal Disease	Jared Sninsky
11:40-11:55 QUESTIONS	
11:55 LUNCH	
12:15-12:45 Working LUNCH - MASLD Workshop	Olubunmi Oladunjoye Julie-Ann Lloyd Maya Balakrishnan

## Saturday April 12 2025

Satu	rday, April 12, 2025	
Session 3.	Multidisciplinary Care - Panel Discussion	MODERATORS
1:00-1:45	Colon cancer - Screening, diagnosis, and beyond. Faculty: Milena Suarez, Vani Potluri, Atif Iqbal, Shalini Makawita	Rehman Sheikh
1:45-2:30	Gastroesophageal reflux disease. Faculty: Shawn Groth, Ryan Thomas, Fares Ayoub, Reena Chokshi	Jordan Sparkman Kalpesh Patel
2:30-2:50	BREAK	
Session 4.	Updated Guidelines	
2:50-3:15	Incorporating the Endoscopic treatment of Obesity Guidelines into your practice	Pichamol Jirapinyo
3:15-3:35	Computer-Aided-Detection Assisted Colonoscopy - Applying the AGA guidance	Nabil Mansour
3:35-3:55	ACG Guidance on H pylori - Taking a Critical Approach	David Graham
3:55-4:05	QUESTIONS	
4:05-4:20	The Old PEG tube - New Approach and the ASGE Guidelines	Wasif Abidi
4:20-4:35	ACG Clinical Guideline: Focal Liver Lesions	Saira Khaderi
4:35-4:55	Hot off the Press! Diagnosis and Management of Eosinophilic Esophagitis	Jessica Bernica
4:55-5:05	QUESTIONS	
	ADJOURN	
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Sunc	day, April 13, 2025	
8:00 -8:10	WELCOME	Dr. Jessica Bernica
Session 5.	Reassessing our Endoscopic therapies	
8:10-8:30	Chasing a Polyp Down the Rabbit Hole - Endoscopic Appendectomy	Mohamed Othman
8:30-8:50	Getting Through the Luminal Squeeze - Stricture Dilations and Beyond	Tara Keihanian
8:50-9:10	Esophageal Diverticula and Cricopharyngeal Disease - Beyond the Zenker	Fares Ayoub
9:10-9:25	Pneumatic Dilation - Does it Still Have a Role in My Practice?	Waseem Skef
9:25-9:40	QUESTIONS	

#### Session 6. Movie Time! How We Do It

9:40-10:00 BREAK

10:00-10:10	Cold EMR		Salmaan Jawaid
10:10-10:20	Barrett's ablation		Kalpesh Patel
10:20-10:30	Hemorrhoid Banding		Waqar Qureshi
10:30-10:40	Endoscopic vacuum therapy		RJ Sealock
Session 7. L	ooking Beyond Clinical Gastroenterology	/	
10:40-11:00	BCM IMAGINE Program - Genetic Influ	uence on Disease and Heal	th Hashem El-Serag

10:40-11:00 BCM IMAGINE Program - Genetic Influence on Disease and Health	Hashem El-Serag
11:00-11:45 Managing Pain and Opioid Misuse Disorder for the Gastroenterologist – alternative to "just talk to your PCP"	an Benjamin Li

11:45-12:00 QUESTIONS

**ADJOURN** 

#### **DISCLOSURE POLICY**

In order to meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine (BCM) that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

#### FEE, REGISTRATION AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least five business days before the activity start date, contact the Division of Continuing Professional Development (DCPD) immediately.

If you plan to register on-site, contact DCPD at least 24 hours in advance to confirm activity status and space availability. The DCPD reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay online visit the activity website at https://cpd.education.bcm.edu/content/gi-liver-2025 and follow the instructions.

#### CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the DCPD at least 10 business days before the activity begins. The date the request is received by the DCPD will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the DCPD or email to cpd@bcm.edu.

The DCPD reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is canceled, DCPD's liability is limited to the registration fee paid. **Note:** If payment is made by check, a social security number is required to process the refund.



#### REGISTRATION FORM

Available online for your convenience



### **GI & LIVER COURSE**

Name:		
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Degree:	PI	ease check if: 🗆 Resident 🗅 Fellow
Affiliation:		
Address:		
City:		State: ZIP:
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Emergency Contact:	Phone:	
Prof. License (No./State):	National Provider Identifier (NPI):	
METHOD OF PAYMENT (Your registration must	*Email verification	re Professional\$150 to <u>cpd@bcm.edu</u> within 24 hours of registration.
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