



**CPAN**  
Child Psychiatry  
Access Network

## CHILD PSYCHIATRY ACCESS NETWORK (CPAN) PROJECT ECHO

HUB: <<INSERT HUB NAME>>

### September UPCOMING DATES

09/19/2024	<i>Aggression, Anger and Out of Control Kids</i>	11/07/2024	<i>Behavior Disorders in Preschool/ Early Childhood Treatment Options</i>
10/03/2024	<i>Youth and Trauma Exposures: The Effects on Mental Health</i>	11/21/2024	<i>Anxiety Disorders in Children and Adolescents</i>
10/17/2024	<i>Psychological vs. Neuropsychological</i>	12/05/2024	<i>Depression and Suicide Risk Assessment</i>

\*\*All sessions are from 12:00 PM – 1:00 PM CT

### Registration Information

Registration Link: <https://forms.office.com/r/Hpd0ePaJks>

You will receive an email with course access details following registration.

### **NEEDS STATEMENT**

Primary care providers (PCPs) have been tasked with managing the mental health needs of youth in Texas due to the severe shortage of child psychiatrists. However, many PCPs have had little training in screening, assessment, and care provision for youth with mental health disorders. This professional gap is largely due to limited exposure in medical school and compounded by inadequate mental health resources. The lack of mental health resources has resulted in primary care providers being the first and only source of assistance for youth and families that are suffering from mental or behavioral health concerns. This series is aimed to educate primary care physicians on how to recognize and diagnose mental health conditions in children and adolescents within their clinical practice.

### **LEARNING OBJECTIVES**

At the conclusion of this activity, the participants should be able to:

*Aggression, Anger, and Out of Control Kids*

- Define behavioral interventions for oppositional youth
- List basic concepts for parent management training
- List specific tools for behavior management

*Youth and Trauma Exposures: The Effects on Mental Health and Treatment Options*

- Define the bio-behavioral model for traumatic stress.
- Recognize the clinical manifestations of trauma in youth.
- Recall the best practices for screening, assessing, and providing first line interventions for youth who have experienced trauma.

*Psychological vs. Neuropsychological Assessment - When and What to Ask For*

- Outline the elements of a psychological evaluation
- Outline the elements of a neuropsychological evaluation
- Evaluate the common reasons to consider ordering either a psychological or neuropsychological evaluation

*Behavior Disorders in Preschool/Early Childhood*

- Outline the clinical manifestations and screening/assessment tools for disruptive behavior disorders in preschool children.
- List the recommended psychosocial interventions for disruptive behavior disorders in preschool children
- Recall the recommended evidence informed pharmacological interventions for disruptive behavior disorders in preschool children.

*Anxiety Disorders in Children and Adolescents*



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- List the prevalence, pathogenesis, and clinical manifestations of anxiety disorders in youth.
- Recall the recommended evidence-based psychotherapy treatment modalities for anxiety disorders in youth.
- Recall the recommended pharmacologic treatment options for youth with moderate to severe anxiety disorders.

### *Depression and Suicide Risk Assessment*

- Recall the evidence-based intervention recommendations for youth with depression.
- Recall the evidence-based intervention recommendations for youth with suicidal ideations.
- Collaborate with youth and families to develop an evidence informed treatment plan for depression and/or suicidal ideations.

### **TARGET AUDIENCE**

This activity is for Pediatricians and Primary Care Providers (Family Practitioners, NPs, PAs) who treat children and adolescents, RNs, LVNs, LPCs, Social Workers, and Administrative leaders.

### **EDUCATIONAL METHODS**

Lecture and case discussion

### **ACTIVITY EVALUATION**

Evaluation by questionnaire will address program content, presentation, and possible bias.

### **ACCREDITATION AND CREDIT DESIGNATION**



Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.