

GI & Hepatology Essentials and Updates: Baylor APP Conference

February 21, 2026

CREATE A PROFILE

All attendees will need to create a profile at <https://cpd.education.bcm.edu/> to track attendance, complete evaluation, and claim CME credit. Click the links below for step-by-step instructions on setting up your profile:

Visitor Profile: <https://bcm.box.com/s/ybxmpofu2b5dzbdaf8hg5du88ifggoqz>

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NEEDS STATEMENT

Advanced practice providers in gastroenterology and hepatology face challenges in staying current with rapidly evolving diagnostic strategies, therapeutic options, and guideline-directed management. These gaps include limited familiarity with emerging therapies, reduced confidence in complex decision-making, and difficulty applying evidence-based practices to diverse patient populations. This conference will review the latest research, consensus guidelines, and best practices in GI and liver disease management, while incorporating interactive, case-based learning to enhance critical thinking and interpretation skills for common testing modalities. This approach ensures providers are equipped to integrate new evidence into clinical care, ultimately improving patient outcomes.

TARGET AUDIENCE

This activity is for Physicians, Physician Assistants, Nurse Practitioners, and Nurses.

EDUCATIONAL OBJECTIVES

At the conclusion of this activity, the participants should be able to:

- Apply current research, guidelines, and best practices to the diagnosis and management of patients with functional GI disorders, IBD, pancreatobiliary diseases, and hepatic conditions.
- Apply effective interpretative skills in gastrointestinal pathology, motility studies, and pH testing to support accurate diagnosis, patient-centered management, and effective collaboration with physicians.
- Recognize the emerging role of artificial intelligence in clinical practice, focusing on its applications in medical documentation, patient follow-up, and workflow efficiency to improve care delivery.
- Manage exocrine pancreatic insufficiency in acute and chronic pancreatitis using pancreatic enzyme replacement therapy (PERT) and dietary support, while addressing barriers to effective care.

EDUCATIONAL METHODS

Lectures ▪ Case Study ▪ Simulation

EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

ACCREDITATION/CREDIT DESIGNATION

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OBTAINING CREDIT

Two (2) business days after the course, an email will follow from the Baylor College of Medicine, Division of Continuing Professional Development with instructions for completing the evaluation and obtaining your CME Certificate, CE Certificate, or Certificate of Attendance.

Contact Information

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Visit our website at <https://clinicianresources.bcm.edu/> for information about additional CME activities.

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DRUG/DEVICE STATUS DISCLOSURE

Some drugs/devices identified during this activity may have United States Food and Drug Administration (FDA) clearance for specific purposes only or for use in restricted research settings. The FDA has stated that it is the responsibility of the individual physician to determine the FDA status of each drug or device that he/she wishes to use in clinical practice and to use the products in compliance with applicable law.

Baylor College of Medicine requires that all faculty/presenters disclose an unlabeled use or investigational use of pharmaceutical and medical device products, and provide adequate scientific and clinical justification for such use. Physicians are urged to fully review all the available data on products or procedures before using them to treat patients.

DISCLOSURE OF FINANCIAL RELATIONSHIPS WITH COMMERCIAL INTERESTS

DISCLOSURE POLICY

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In accordance with the ACCME Standards for Commercial Support, BCM has implemented a mechanism requiring everyone in a position to control the content of an educational activity (i.e., directors, planning committee members, faculty) to disclose any relevant financial relationships with commercial interests (drug/device companies) and manage/resolve any conflicts of interest prior to the activity. Individuals must disclose to participants the existence or non-existence of financial relationships at the time of the activity or within 24 months prior.

In addition, BCM has requested activity faculty/presenters to disclose to participants any unlabeled use or investigational use of pharmaceutical/device products; to use scientific or generic names (not trade names) in referring to products; and, if necessary to use a trade name, to use the names of similar products or those within a class. Faculty/presenters have also been requested to adhere to the ACCME's validation of clinical content statements.

BCM does not view the existence of financial relationships with commercial interests as implying bias or decreasing the value of a presentation. It is up to participants to determine whether the relationships influence the activity faculty with regard to exposition or conclusions. If at any time during this activity you feel that there has been commercial/promotional bias, notify the Activity Director or Activity Coordinator. Please answer the questions about balance and objectivity in the activity evaluation candidly.

All of the relevant financial relationships listed for these individuals have been mitigated.

DISCLOSURES

FACULTY	PLANNING COMMITTEE	PRESENTER/FACULTY	DISCLOSURE
Maya Balakrishnan, M.D., M.P.H. Associate Professor Baylor College of Medicine		•	<u>Research Support</u> : Intercept Pharmaceuticals, Viking Therapeutics, Novo Nordisk, Madrigal Pharmaceuticals
Jessica Bernica, M.D. Assistant Professor Baylor College of Medicine		•	Nothing to disclose
Reena Chokshi, M.D. Associate Professor Baylor College of Medicine		•	<u>Consultant</u> : Medtronic, Enterra
Arian Fuller, N.P. Instructor Baylor College of Medicine		•	Nothing to disclose
Madeline Huster, P.A.-C. Instructor Baylor College of Medicine		•	Nothing to disclose
Shilpa Jain, M.D. Associate Professor Baylor College of Medicine		•	Nothing to disclose

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Salmaan Jawaid, M.D. Assistant Professor Baylor College of Medicine		•	<u>Consultant:</u> ConMed, Creo Medical, Boston Scientific
Megan Kelso, N.P.– Co- Activity Director Instructor Baylor College of Medicine	•	•	Nothing to disclose
Saira Khaderi, M.D., M.P.H. Assistant Professor Baylor College of Medicine		•	Nothing to disclose
Kacey Lyons, D.N.P. Instructor Baylor College of Medicine		•	<u>Consultant:</u> Ardelyx <u>Speaker Honorarium:</u> Phathom Pharmaceuticals
Nabil Mansour, M.D. Associate Professor Baylor College of Medicine		•	<u>Consultant:</u> Medtronic
Clarissa Morency, R.D., L.D. Instructor Baylor College of Medicine		•	Nothing to disclose
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Mohamed Othman, M.D. Section Chief of Gastroenterology and Hepatology Baylor College of Medicine		•	<u>Consultant:</u> Boston Scientific, Creo Medical, Olympus Corporation, Abbvie <u>Research Support:</u> Boston Scientific, Olympus Corporation, Lucid Diagnostic, Neptune Medical, Abbvie
Kalpesh Patel, M.D. – Co- Activity Director Associate Professor Baylor College of Medicine	•	•	<u>Consultant:</u> Boston Scientific
Kristyn Richard, P.T., D.P.T. Clinical Director The Origin Way		•	Nothing to disclose
Jared Sninsky, M.D., M.S.C.R. Assistant Professor Baylor College of Medicine		•	Nothing to disclose
Hania Tofik, N.P. Instructor Baylor College of Medicine	•	•	Nothing to disclose
Subin Valayil, P.A. Assistant Professor Baylor College of Medicine		•	Nothing to disclose
Julie Weatherly, M.S.N., A.N.P.-C. Nurse Practitioner Michael E Debakey Va Medical Center		•	<u>Advisory Committee:</u> Janssen Biotech <u>Speaker Honorarium:</u> Janssen Biotech

DISCLAIMER

This activity is designed for healthcare professionals for educational purposes. Information and opinions offered by the faculty/presenters represent their own viewpoints. Conclusions drawn by the participants should be derived from careful consideration of all available scientific information.

While Baylor College of Medicine makes every effort to have accurate information presented, no warranty, expressed or implied, is offered. The participant should use his/her clinical judgment, knowledge, experience, and diagnostic decision-making before applying any information, whether provided here or by others, for any professional use.

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Faculty/presenters have submitted materials for this syllabus for printing in advance so that you may have an outline or summary of the main points of their presentation. Often this differs from the final version of their slides as faculty/ presenters make revisions up until the day of the meeting.

Additionally, some images (cartoons, drawings and some photographs) shown on the screen may not be present in your educational materials because of publishers' requirements for reprinting of copyrighted images.

NOTICES

Faculty, topics, program schedule, and credit are subject to change.

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Baylor College of Medicine, Division of Continuing Professional Development, gratefully acknowledges the following companies for providing an educational grant in support of this activity.

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Salix Pharmaceuticals