

BCM HOSPITAL MEDICINE CONFERENCE 2026

Updates & New Perspectives



Saturday, January 31, 2026 • 7:30 AM-2 PM
McNair Campus, Conference Rooms A & B, 7200 Cambridge St.

**REGISTER
HERE!**

Practice-changing, impactful knowledge and skills delivered in a memorable way, including presentations by nationally recognized speakers.

Conference Co-Chairs

Stephanie Sherman, M.D.
Associate Professor
Department of Medicine

Zaven Sargsyan, M.D.
Associate Professor
Department of Medicine

Planning Committee

Jeff Chen, MD
Joslyn Fisher, MD, MPH
Laura Gammon, MD
Fernando Gorostieta, MD
Fareeha Khan, MD
Lubna Khawaja, MD

Anita Kusnoor, MD
Ya Li, MD
Daniel O'Brien, MD
Michelle Senechalle, MD
Nikhil Seth, MD
Risheng Xu, DO

AGENDA

7:30-8 AM	Check-in and Breakfast
8-8:10	Welcome & Overview <i>Joslyn Fisher, MD, MPH Chief, Section of General Internal Medicine, BCM Stephanie Sherman, MD & Zaven Sargsyan, MD Associate Professors of Medicine, BCM Co-Chairs, BCM Hospital Medicine Conference</i>

SESSION 1: RAPID-FIRE CLINICAL TALKS

8:15-8:35	Pneumonia Updates: What's with all the 'roid rage? <i>Maria Maldonado, MD Hospital Medicine, Houston VA, Assistant Professor, BCM</i>
8:35-8:55	Palliation of Dyspnea: What Works & What Doesn't <i>Lucas Lin, MD Hospital Medicine, Ben Taub; Assistant Professor, BCM</i>
8:55-9:15	"GDMT" for HFrEF: Matters of Outcome & Effect Size <i>Krystal Hill, MD Hospital Medicine, Houston VA; Assistant Professor, BCM</i>
9:15-9:25	BREAK

SESSION 2: WORKSHOPS (PARALLEL OPTIONS)

9:25-10:35	Managing the Electronic Health Record with Efficiency & Integrity <i>Kinjal Changela Lyons, MD, Hospital Medicine, Baylor St. Luke's; Assistant Professor, BCM Chris Brann, MD, MBA Hospital Medicine, Baylor St. Luke's; Assistant Professor, BCM</i>
	Building High Performing Teams for Multi-Disciplinary Rounds & More <i>Andrew Caruso, MD Hospital Medicine, Houston VA; Associate Professor, BCM Allison Heinen Taylor, DO Hospital Medicine, Baylor St. Luke's; Associate Professor, BCM Ashley Vaughn, RN Hospital Medicine, Baylor St. Luke's, BCM</i>
	Common Challenges and Controversies in Informed Consent <i>Holland Kaplan, MD Hospital Medicine, Ben Taub; Assistant Professor, BCM</i>

10:35-10:45	BREAK
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SESSION 3: RAPID-FIRE CLINICAL TALKS

10:45-11:05	Things We STILL Do For No Reason: Nil Penicillin Per Os <i>Hiba Ali, MD Hospital Medicine, Baylor St. Luke's; Assistant Professor, BCM</i>
11:05-11:25	Thin but Not Too Thin: Peri-procedural Anticoagulation <i>Hillary Kim-Vences, MD Hospital Medicine, Baylor St. Luke's; Assistant Professor, BCM</i>
11:25-11:45	Scans They are a' Changin': Updates in Imaging <i>Alec Rezigh, MD Hospital Medicine, Ben Taub, Assistant Professor, BCM</i>
11:45-12:05 PM	BREAK (LUNCH)
12:05-1	Clinical Problem Solving: Mystery Case Discussion <i>Alec Rezigh, MD, Stephanie Sherman, MD & Zaven Sargsyan, MD</i>
1-2 PM	Updates in Hospital Medicine (1 CME) <i>Stephanie Sherman, MD & Zaven Sargsyan MD</i>

NEEDS STATEMENT

Hospitalists manage a wide spectrum of complex medical conditions, requiring ongoing education to stay updated with the latest evidence-based practices. Enhancing the knowledge, competence, and performance of healthcare professionals in hospital medicine is critical to improving patient care and health system outcomes. This activity is designed to address the challenges of diagnosing and managing common acute medical conditions, promote the adoption of new developments, and mitigate patient safety risks through evidence-based initiatives. Additionally, fostering professionalism, communication, and teamwork is essential to improving clinical efficiency, reducing errors, and supporting effective, ethical patient care.

EDUCATIONAL OBJECTIVES

At the conclusion of the conference, participants should be able to:

- Apply evidence-based strategies in the management of heart failure, pneumonia, and anticoagulation.
- Identify practices that have little to no underlying data to support their ongoing use.
- Summarize techniques, technologies, and guidelines in use of imaging modalities such as CT scans and MRIs.

TARGET AUDIENCE

Physicians, Medical Students, Fellows, Residents, Nurses, Other Health Professionals that practice in Family and Community Medicine, Internal Medicine, and Hospital Medicine.

EDUCATIONAL METHODS

Lecture, Panel Discussion, Case Study, and Small Group Breakout Session.

ACTIVITY EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

ACCREDITATION/CREDIT DESIGNATION

Physician

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 5.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics

The presentations, Managing the Electronic Health Record with Efficiency & Integrity, Building High Performing Teams for Multi-Disciplinary Rounds & More, Common Challenges and Controversies in Informed Consent, has been designated by Baylor College of Medicine for 1.00 credit of education in medical ethics and/or professional responsibility.



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