

**26th Annual Chronic Illness and Disability:
Transition from Pediatric to Adult-based Care
October 23-24, 2025**

Thursday, October 23, 2025

7:15a.m. **Registration, Coffee, and Bagels in the Lobby**

8:00 **Welcome and Announcements**
Albert C. Hergenroeder, MD

8:15 **Inspirational video**

8:25 **The State of the Art of Monitoring and Promoting Youth Health Care Transition Readiness. Maria Ferris, MD, MPH, PhD**, Professor and Director, Healthcare Transition Program, University of North Carolina, Chapel Hill; **David Wood, MD**, Professor of Pediatrics, Director of Global Health, East Tennessee State University College of Medicine

Goal: The audience will understand the importance of the current approaches to HCT Readiness interventions.

Objectives: The audience will be able to discuss:

- 1) A description of HCT Readiness Assessment and Promotion.
- 2) The evidence of effective interventions for promoting youth transition readiness
- 3) Clinical application of HCT Readiness Assessment and Promotion approaches

9:10 **Building Strong Pediatric and Adult Medicine Collaborations**
Meg Okumura MD, Medical Director, Transition from Pediatric to Adult Care, University of California, San Francisco,
Goal: The audience will understand the importance of functional pediatric-adult medicine collaboration in successful health care transition.

Objectives: The audience will be able to describe:

- 1) The structure and processes that have worked in successful pediatric-adult medicine health care transition programs.
- 2) Common barriers to successful pediatric-adult medicine collaborations and solutions to overcome these barriers.

9:55 **Questions and Answers**

10:05 **Break**

10:25 **Successful transition: Measuring Outcomes in Health Care for Young Adults**
AnneLoes van Staa, PhD, MD, RN. Professor of Transitions in Care, Research Centre Innovations in Care, Rotterdam University of Applied Sciences.

Goal: The audience will understand the importance of measuring successful outcomes in health care transition programs.

Objectives: The audience will be able to describe:

- 1) Measures used in assessing the structure, processes and outcomes of HCT programs
- 2) The importance of measuring both clinical, emotional and social outcomes in HCT
- 3) The challenges of measuring such outcomes pre and post-transition

11:10

How systems of care change for adolescents and young adults with complex needs as they transition to adult care: Insights from a randomized controlled trial. Eyal Cohen, MD. Professor, Department of Pediatrics, University of Toronto, Senior Scientist, Research Institute, Child Health Evaluative Services, The Hospital for Sick Children, Toronto, Canada

Goal: The audience will understand the changes in systems of care for AYA with complex needs between pediatrics and adult medicine.

Objectives: The audience will be able to describe:

- 1) Specific differences in the structure and processes of care delivery in pediatric systems and adult systems
- 2) An approach to mitigating the differences in these systems of care

11:55

Legal Issues in the Transition from Pediatric to Adult-Based Care

Beth Sufian, JD | Partner, Sufian & Passamano

Goal: The audience will understand the importance of legal issues during the transition period

Objectives: The audience will be able to describe:

- 1) Recent changes in federal laws that will impact the delivery of care during the transition from pediatric to adult based care.

12:40

Questions and Answers

12:45

Meet the Faculty Luncheon (meal provided)

David Woods and Maria Ferris

AnneLoes van Staa

Beth Sufian

Peggy McManus and Patience White

Eyal Cohen

Meg Okumura

1:45

End lunch sessions

2:00

Breakout Sessions with Faculty (attendees select one at 2:00 pm and a different one at 3:00 pm)

1) HCT programs: What is working, for whom it is working and why it is working: Practical steps (Woods, Ferris, Okumura)

Goal: the audience will be understand common elements of transition programs that speakers have seen as effective in their experience

Objectives: the audience will be able to describe:

- 1) What methods are promoting successful transition and what is the evidence for these methods

- 2) What patients seems to benefit most from which transition methods
- 3) For programs that work, the details that seem to explain their success

2) Defining and measuring outcomes in health care transition (van Staa)

Goal: The audience would be able to understand the current state of defining health care transition outcomes and the measures used to assess successful transition

Objectives: *the audience will be able to:*

- 1) *Describe the validity of measures used to assess the structure, processes and outcomes of health care transition programs*
- 2) *Participate in a prioritizing process to identify the most importance dimensions of transition outcomes (will need large sticker papers and small post-its ***)*

3) Advocacy for workplace accommodations and post-secondary transition: personal networks – Jennifer Vincent, Parent Advocate and Personal Network Facilitator, Texas Parent to Parent.

Goal: The audience will understand the importance of post-secondary school planning.

Objectives: *The audience will be able to describe:*

- 1) *What a long-term, sustainable support system looks like*
- 2) *How one develops of personal support system*
- 3) *Specific examples of personal support networks*

4) Pediatric and adult medicine collaboration (Laura Hart, Sara Mixter, Carlie Stein, Christopher Hanks) (For titles see Program Faculty)

5) Complexity Plus: Comparing the transition needs of individuals who can and cannot self-manage their care. Dennis Kuo and Eyal Cohen)

- a) To address the uniqueness and similarities of individuals transitioning when they can and cannot self-manage their care
- b) To review the 2024 AAP Policy Statement on alternative Decision-Making Considerations for Youth with Intellectual and Developmental Disabilities
- c) To discuss the multiple health and non=health systems of care transitions for these individuals

6) Implementation Science Applied to Health Care Transition: Practical Strategies (Hudson)

Goal: the audience will understand the importance of implementation methods in successful transition programs

Objectives: the audience will be able to discuss:

- 1) Practical strategies in implementing health care transition programs
- 2) Practices that can sustain the structure and processes and track outcomes in health care transition programs

3:00 Breakout Sessions II with Faculty

3:45 Break

- 4:10** **Medicaid Update: Impacts on Health Care Transition, Dennis Kuo, MD**, Purcell Family Distinguished Professor of Pediatrics, Division Chief of Developmental and Behavioral Pediatrics, University of Rochester Medical Center, Golisano Children's Hospital. Immediate Past Chair of the American Academy of Pediatrics Council on Children With Disabilities.
Goal: The audience will understand the current status of Medicaid funding
Objectives: The audience will be able to describe:
1) The changes in Medicaid funding and how they will likely effect AYASHCN and their families with an emphasis on transition to adult based care
- 4:50** **Questions and Answers**
- 5:00** **Evaluation and Adjourn**

Friday, October 24, 2025

- 7:15a.m.** **Registration, Coffee, and Bagels**
- 8:00** **Announcements**
Albert C. Hergenroeder, MD
- 8:15** **Jada Cano video**
- 9:00** **Questions and Answers**
- 9:10** **Parent Panel**
Amy Passmore and Mike Short
Goal: The audience will understand the role of parents in health care transition
Objectives: The audience will be able to describe:
1) Challenges faced by these parents and their young adult as they transitioned through adolescence into adulthood
2) Solutions to these challenges
- 9:40** **Questions and Answers**
- 9:55** **Break**
- 10:15** **Treatment Adherence**
AnneLoes van Staa
Goal: The audience will understand the importance of treatment adherence during the transition from pediatric to adult-based care
Objectives: The audience will be able to describe:
1) The effects of treatment non-adherence on health care outcomes during transition
2) Strategies to improve adherence with treatment during the transition to adult-based care
- 11:00** **Implementation Science and Health Care Transition**

Sharon Hudson, PhD Director of Implementation Science and Evaluation, The Alta Med Institute for Health Equity, Commerce, CA

Goal: The audience will be understand the principles of implementation science

Objectives: The audience will be able to describe:

- 1) The structure and processes of implantation science.
- 2) Specific examples of successful implementation science strategies.

11:45 **Questions and Answers**

11:55 **Lunch (provided)**

1:00p.m. **A Children's Hospital – Rural Adult Collaboration on Transition to Adult-based Care**

Patrick Burke, MD, Medical Director, Adult & Transition of Care, Valley Children's Medical Group and Raul Ayala, MD, Chief Medical Officer, Adventist Health rural System, California, Oregon, Hawaii

Goal: the audience will understand the importance of the relationship between primary care and the subspecialty care in the transition to adult-based care.

Objectives: the audience will be able to describe:

- 1) The impact that primary care has on transition-aged medically complex patients
- 2) The utilization of adult primary as an essential transition outcome
- 3) Lessons learned from a primary care transition program to minimize primary care discontinuity at the age of transition

1:45 **Questions and Answers**

1:55 **Break**

2:15 **Building a system-wide HCT program between pediatrics and adult systems**
Meg Okumora, MD

Goal: The audience will understand the importance of collaboration between pediatric and adult systems in order to facilitate successful transition to adult-based care

Objectives: The audience will be able to describe:

- 1) the structure, processes and outcomes of the UCSF Transition Program and the specifics of the pediatric-adult medicine collaboration

2:55 **The structure, processes and clinical outcomes of three, diverse HCT programs**
(Laura Hart, MD Sara Mixter, MD Carlie Stein, MD Christopher Hanks, MD)

Goal: The audience will understand the variety of HCT programs

Objectives: The audience will be able to describe three existing programs with respect to the:

- 1) Structure (financing, administrative support)
- 2) Process (timeline in development, policies and procedures)
- 3) Clinical outcomes (successful transition, data)

- 3:40 Questions and Answers**
- 3:50 Closing Comments/Evaluation**