

DBS for OCD Workshop: Lessons for Integrating Clinical Practice of Psychiatrists, Neurosurgeons, and Psychologists

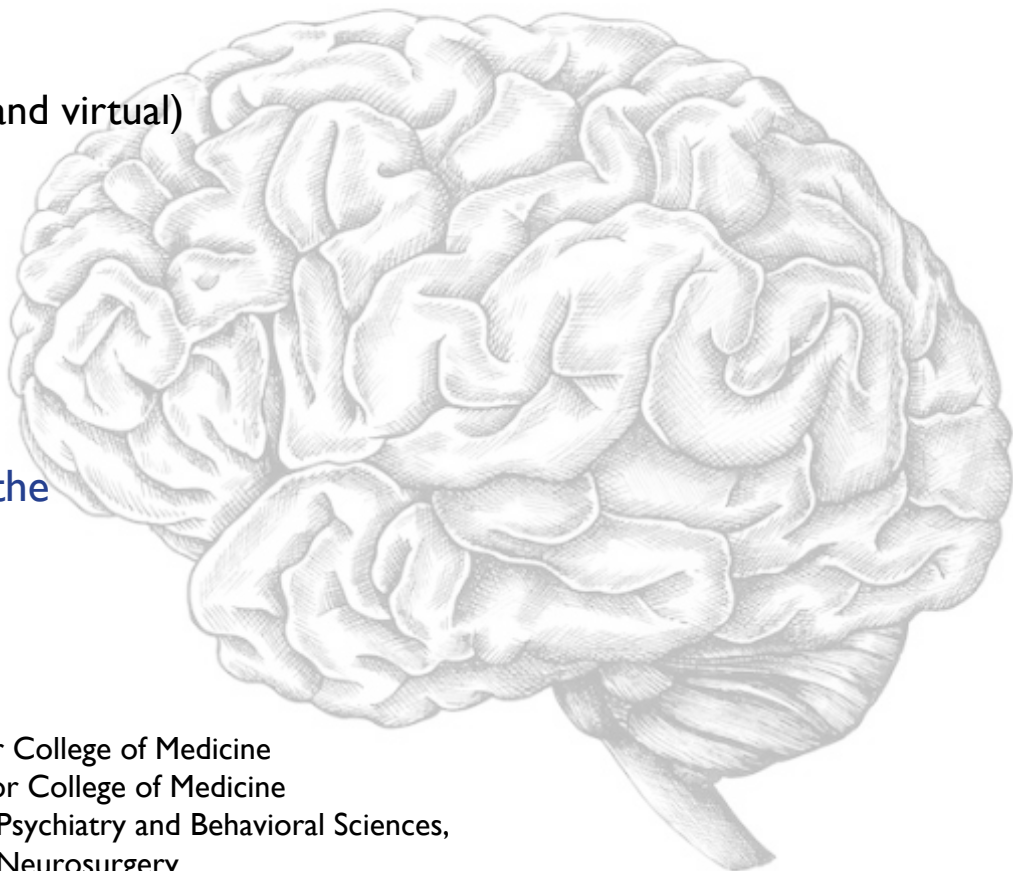
October 14, 2022

8 a.m. - 5 p.m.

Hybrid workshop (in person and virtual)

The Laura Hotel
1070 Dallas St.
Houston, Texas 77002

We gratefully acknowledge the support of Nihal Akbulut, a grateful patient, and family.



Baylor
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Provided by Baylor College of Medicine
Presented by Baylor College of Medicine
Department of Psychiatry and Behavioral Sciences,
Department of Neurosurgery



International
OCD
Foundation



**World Society for Stereotactic
and Functional Neurosurgery**

Presented by **Baylor College of Medicine Department of Psychiatry & Behavioral Sciences and Department of Neurosurgery**

ACTIVITY DIRECTOR: Wayne K. Goodman, M.D.

CO-DIRECTOR: Sameer Sheth, M.D., Ph.D.

PLANNING COMMITTEE:

Wayne K. Goodman, M.D., Sameer Sheth, M.D., Ph.D., Eric Storch, Ph.D.

NEEDS

Patients with severe obsessive-compulsive disorder (OCD) who have failed to respond to a range of conventional therapies may benefit from deep brain stimulation (DBS), which is available under a Humanitarian Device Exemption (HDE) from the FDA. Obstacles to employing this treatment option, however, include lack of knowledge about patient selection, surgical techniques, and DBS programming.

LEARNING OBJECTIVES

Attendees will learn about patient selection for DBS, assessment, surgical planning, and programming -- all information needed for enhancing clinical outcomes.

At the conclusion of the workshop, participants will be able to:

- Apply the inclusion and exclusion criteria for eligibility of patients with OCD to undergo DBS.
- Define the role of cognitive behavioral therapy, specifically exposure and response prevention (ERP), in the assessment of candidates for DBS.
- List the benefits of re-introducing cognitive behavioral therapy, specifically ERP, after DBS.
- Describe the techniques and challenges in conducting DBS for OCD.

TARGET AUDIENCE

This activity is for psychiatrists, psychologists, neurosurgeons, and other healthcare professionals who treat patients with severe and treatment-resistant OCD and functional neurosurgeons interested in advancing their knowledge and skills in performing DBS for OCD.

This workshop is led by a psychiatrist and neurosurgeon with extensive experience using DBS for patients with severe, treatment-resistant OCD.

EDUCATIONAL METHODS

Lecture and Small Group Breakout Sessions

ACTIVITY EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

ACCREDITATION AND CREDIT DESIGNATION

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DBS for OCD Workshop

Friday, October 14, 2022

8:00 a.m. – 8:30 a.m.: **Welcome and Approaches to Treatment Resistant OCD**

Wayne K. Goodman, M.D., Department of Psychiatry & Behavioral Sciences, BCM

8:30 a.m. – 9:15 a.m.: **Assessments and Exposure & Response Prevention (ERP)**

Eric Storch, Ph.D., Department of Psychiatry & Behavioral Sciences, BCM

9:15 a.m. – 10 a.m.: **Pharmacotherapy**

Carolyn Rodriguez, M.D., Ph.D., Stanford School of Medicine

Break: 15 minutes

10:15 a.m. – 10:45 a.m.: **Psychiatric Neurosurgery: Past and Present**

Sameer Sheth, M.D., Ph.D., Department of Neurosurgery, BCM

10:45 a.m. – 11:15 a.m.: **Review of DBS for OCD**

Martijn Figee, M.D., Mount Sinai Interventional Psychiatry Program

11:15 a.m. – 11:45 a.m.: **Access to Care and Ethics**

Rachel Davis, M.D., University of Colorado Anschutz Medical Campus

12 p.m. – 1 p.m.: **Working lunch -- Deep TMS for OCD** (not designated for CME credit)

Aron Tendler, M.D., Chief Medical Officer, BrainsWay

1 p.m. – 3 p.m.: **Surgery--Nuts & Bolts of Targeting + panel on targeting strategies**

Sameer Sheth, M.D., Ph.D., Department of Neurosurgery, BCM

Wael Asaad, M.D., Ph.D., Department of Neurosurgery, Brown University

Break: 15 minutes

3:15 p.m. – 4:45 p.m.: **Programming--Nuts & Bolts (with patient) + panel on strategies**

Wayne K. Goodman, M.D., Department of Psychiatry & Behavioral Sciences, BCM

Darin Dougherty, M.D., Department of Psychiatry, Massachusetts General Hospital

4:45 p.m. – 5:00 p.m.: **Wrap-up**

REGISTRATION

Physicians and Psychologists: \$200

LCSW/LMSW/LPC: Free

Residents/Fellows/Other Healthcare Professionals: Free

Link for Registration: cpd.education.bcm.edu/content/dbs-2022

Register and pay online at the activity website.

BOOK YOUR STAY

Book your room by October 6, 2022 at The Hotel Laura.

CME ACCREDITATION

A BCM profile is required to register for the conference and complete the evaluation to claim credit following the conference.

If you do not have a profile, follow the links below for step-by-step instructions to set up your profile:

Baylor College of Medicine ECA Profile: [bcm-visitor-profile-setup](#)

Visitor Profile: [bcm-eca-profile-setup](#)

The logo for Baylor College of Medicine, featuring the text "Baylor College of Medicine" in a white serif font on a dark blue square background.

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