

### Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Baylor College of Medicine and The University of Texas Health Science Center at Houston. Baylor College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 3.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, *COVID-19: Exposing Disparities in US Health Care*, has been designated by Baylor College of Medicine for 0.50 hour of education in medical ethics and/or professional responsibility.

### Continuing Nursing Education

Cizik School of Nursing at UTHealth is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This activity provides 3.25 contact hours of nursing continuing education (CNE).

### Participating Institutions

American Heart Association  
Memorial Hermann Hospital – Texas Medical Center  
McGovern Medical School  
UTHealth School of Nursing  
Baylor College of Medicine  
UTHealth School of Public Health

### Policy on Disclosure

It is the policy of McGovern Medical School that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationship with commercial interests. Detailed disclosure will be made in the syllabus of the course material.

### Special Assistance

In compliance with the Americans and Disabilities Act, the McGovern Medical School will make all reasonable efforts to accommodate persons with disabilities at this meeting.

## Program

### Preventive Cardiology Forum XXXI: Cardiovascular Disease Prevention During a Pandemic

Saturday, February 6, 2021

Virtual – WebEx Conference

8:00-8:30 am	<b>Welcome &amp; Brief History of the Forum and COVID-19: Lessons Learned in Biology and Pathology</b> L. Maximilian Buja, MD
8:30-9:00 am	<b>Acute Management of Patients with COVID-19</b> Mark Warner, MD, FCCP, CMQ
9:00-9:30 am	<b>COVID-19: Potential implications for Future Cardiovascular Disease</b> Mohammad Madjid, MD, MS, FAHA, FACC, FSCAI
9:30-9:45 am	<b>Panel Discussion</b>
9:45-10:00 am	<b>Break</b>
10:00-10:30 am	<b>COVID-19: Exposing Disparities in US Health Care</b> Stephen Linder, PhD
10:30-11:00 am	<b>How to Protect and Prevent Disease in the Most Vulnerable Population - Older Adults</b> Min Ji Kwak, MD, MS, DrPH
11:00-11:25 am	<b>Student Abstract Presentation</b> Vivek Bhandari, MSIV Yesenia Delgado, MSIV Victor Gonzalez, MSIV Ethan Nyein, MSIV Alexandra Yin, MSIV
11:25-11:45 am	<b>Panel discussion</b>

## Method of Instruction

The methods of instruction for this conference includes lectures, slides, panel discussions, poster presentation, internet long distance learning, and question and answer sessions. A course evaluation will be given to each participant.

## Speakers

### Program Director:

#### David Aguilar, MD

Associate Professor of Medicine, Division of Cardiology  
McGovern Medical School at UTHealth

### Co-Program Director:

#### Francisco Fuentes, MD

Professor, Cardiovascular Medicine  
McGovern Medical School at UTHealth

### Speakers:

#### L. Maximilian Buja, MD

Professor of Pathology and Laboratory Medicine  
McGovern Medical School at UTHealth  
Distinguished Teaching Professor, The University of Texas System

#### Mark Warner, MD, FCCP, CMQ

Assistant Professor of Medicine  
Director, Coronary Care Unit  
Heart & Vascular Institute, Memorial Hermann Hospital-TMC  
McGovern Medical School at UTHealth

#### Mohammad Madjid, MD, MS, FAHA, FACC, FSCAI

Associate Professor, Cardiovascular Medicine  
McGovern Medical School at UTHealth

#### Stephen Linder, PhD

Director, Institute for Health Policy  
Principal Investigator, Health of Houston Survey  
UT Distinguished Teach Professor  
UT Health School of Public Health

#### Min Ji Kwak, MD, MS, DrPH

Assistant Professor, Geriatric and Palliative Medicine  
McGovern Medical School at UTHealth

## Preventive Cardiology Forum XXXI

Saturday, February 6, 2021

This virtual conference is free to all attendees

Registration link:

[cpd.education.bcm.edu/1678-preventive\\_cardiology\\_2021](http://cpd.education.bcm.edu/1678-preventive_cardiology_2021)

Deadline for Registration:

February 4, 2021

**\* Please register early to guarantee your reservation.**



**Online registration will close at midnight  
February 4, 2021.**

# PREVENTIVE CARDIOLOGY FORUM XXXI

Cardiovascular Disease Prevention Update - 2021



In collaboration with  
McGovern Medical School at UTHHealth  
Baylor College of Medicine  
and  
The American Heart Association

Saturday, February 6, 2021  
8:00 a.m. – 11:45 a.m.  
Virtual Symposium  
McGovern Medical School  
Houston, Texas 77030

## General Information

Saturday, February 6, 2021

8:00 a.m. – 11:45 a.m.

Virtual Symposium

McGovern Medical School

Houston, Texas 77030

### Program Director

David Aguilar, MD

### Planning Committee

Francisco Fuentes, MD

L. Maximilian Buja, MD

David Aguilar, MD

Vaunette Fay, RN, Ph.D.

Rhonda Leaverton, RN, BSN, CCRP

Jason Santora

Kathy Sallier

Tina Dellahoussaye

### Target Audience

Physicians, nurses, dietitians, caregivers, and other healthcare professionals with an interest in cardiovascular disease prevention.

### Needs Assessment

Cardiovascular disease is the leading cause of mortality and morbidity in the world. The coronavirus disease 2019 (COVID-19) pandemic is taking an enormous toll on public health and threatens cardiovascular health. COVID-19 infection may have direct cardiovascular effects and may affect care-delivery to our population at risk for cardiovascular disease. Health care providers may not be implementing all the current strategies for the prevention of cardiovascular disease during this pandemic. COVID-19 is a novel disease and the long-term health consequences are still being identified. COVID-19 has exposed tremendous health disparities in the United States that may have future consequences on cardiovascular disease within the diverse populations in the United States. There is a need to provide physicians, nurses and other health professionals with a comprehensive update on the impact that COVID-19 may have on cardiovascular disease and cardiovascular prevention strategies.

### Learning Objectives

At the conclusion of the conference, participants should be able to:

- ♥ Identify appropriate prevention strategies for prevention of cardiovascular disease during the COVID-19 Pandemic
- ♥ Discuss the interplay of COVID-19, pathobiology, and prevention of cardiovascular disease
- ♥ Explain the role of socioeconomic status, vulnerable populations, and health disparities in the burden of COVID-19 and potential implications for cardiovascular disease prevention
- ♥ Summarize the most recent evidence in the field of COVID-19 and cardiovascular disease.